



INTENSE PULSE LIGHT (IPL) HAIR REMOVAL

After Care Instructions:

It is crucial to the health of your skin and the success of your hair removal that these guidelines be followed:

Specific Instructions:

You may shower tonight after your treatment. Do not scrub or exfoliate skin and gently pat your skin dry. Immediately after your treatment you may place a cold pack over the treatment areas to help reduce any redness, swelling or discomfort. It is imperative that you use a mild sunscreen with an SPF of at least 30 and avoid any direct and indirect sunlight during the course of treatment. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure as they may be more sensitive the first 48 hours following the treatment. Do not use skin exfoliants, Retinols alpha-hydroxy acids (AHA's) or bleaching creams for 10 – 14 days after your treatment.

General Information:

- Potential side effects for pulsed light hair removal may include: redness, swelling, blisters, burning, and skin sensitivity. This could last 1 – 3 days.
- Blistering after treatment is rare but can occur. Crusts and scabs may develop as a result and will usually heal in 2 – 3 weeks. If this occurs, please contact us so that we may assess the area.
- The response, results, and healing of hair removal treatments vary with each individual. Variables include, but are not limited to, skin color, density of hair, treatment location and post-treatment care.

Reminder:

- Stubble that may appear as re-growth may be present. This is not new hair growth, but is the remaining hair being expelled from the hair follicle. This hair may take 1 – 3 weeks to fall out. Shaving is permitted between treatments.
- Consistent treatments and following the treatment schedule recommended to you yields the most effective results.

Recommended Product Usage:

Please contact your nearest Water's Edge Dermatology office if you have any questions.