

WATER'S EDGE DERMATOLOGY
PATIENT PROFILE

PLEASE ANSWER ALL QUESTIONS TO THE BEST OF YOUR ABILITY, PLEASE PRINT CLEARLY. YOU MUST FILL OUT THIS FORM COMPLETELY BEFORE YOUR CONSULTATION.

PATIENT NAME: _____ TODAY'S DATE: _____

STREET ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ CELL PHONE: _____ WORK PHONE: _____

E-MAIL ADDRESS: _____

DATE OF BIRTH: _____ PARENT/GUARDIAN (IF UNDER 18) _____

WHAT IS YOUR NATIONAL ORIGIN/ETHNIC BACKGROUND? _____

HOW DID YOU HEAR OF US? _____

NAME OF YOUR PHYSICIAN: _____ PHONE#: _____

ARE YOU A PATIENT OF WATER'S EDGE DERMATOLOGY? ___ YES ___ NO

IF YES, WHO DO YOU SEE? _____

FACIAL SKIN TYPE:

OILY: _____ DRY: _____ SENSITIVE: _____ COMBINATION: _____ OILY WHERE? _____

DO YOU TAN EASILY? _____ BURN? _____

CONCERNS

- SUNDAMAGE
- BROWN SPOTS (UNEVEN SPOTS)
- UPPER LIP - DEEP { } FINE { }
- FRECKLES
- WRINKLES - DEEP { } FINE { }
- BLACKHEADS { } WHITEHEADS { }
- HARD BUMPS UNDER THE SKIN
- CLOGGED PORES
- EXCESSIVE OILINESS
- ACNE
- MILIA
- PIMPLES OFTEN { } SOMETIMES { }

OFFICE NOTES

WHAT EXPECTATIONS DO YOU HOPE TO ACCOMPLISH FROM THIS CONSULTATION/TREATMENT?

ACNE IN FAMILY? _____

HAVE YOU RECEIVED CORRECTIVE SKIN CARE TREATMENTS BEFORE? Y / N _____

DERMATOLOGIST _____ AESTHETICIAN _____

COMMENTS _____

ANY PRIOR COSMETIC SURGERIES, PEELS OR SERVICES: FACE LIFT LASER TCA PHENOL
 JESSNER OBAGI IPL THERMAGE OTHER _____ DATES: _____

ARE YOU HAVING HAIR REMOVAL? Y / N _____ WAXING _____ ELECTROLYSIS _____
OTHER _____ DATE OF LAST TREATMENT: _____

DO YOU HAVE REGULAR FILLER (JUVEDERM, RADIESSE, ETC.) / BOTOX INJECTIONS? _____
DATE OF YOUR LAST TREATMENT? _____

PRESCRIBED MEDICATIONS (PAST & PRESENT)

ANTIBIOTICS Y / N _____

ANY OTHER MEDICATIONS? Y / N _____

WHAT KIND? _____

SIDE EFFECTS? _____

ACUTANE? Y / N _____ WHEN? _____ HOW LONG? _____

SULFUR? Y / N _____ PEELING? Y / N _____ EVER USED BENZOYL PEROXIDE? Y / N _____

PRESCRIBED BENZOIC? _____

EVER USED RETIN-A, RENOVA, DIFFERIN OR TAZORAC? _____

CREAM? _____ GEL? _____ STRENGTH _____

OVER THE COUNTER PRODUCTS?

BRAND NAMES _____

HAVE YOU EVER USED A "BLEACH CREAM" OR "FADE CREAM"? Y / N _____

DID YOU HAVE AN ALLERGIC REACTION TO THE BLEACH OR FADE CREAM? _____

ANY ALLERGIC REACTION TO ANY MEDICATIONS, PRODUCTS, FOODS, ETC. _____

DO YOU CONSIDER YOUR SKIN SENSITIVE? _____

PLEASE EXPLAIN: _____

ARE YOU USING ANY PRODUCTS CONTAINING THE FOLLOWING? VITAMIN A OR C
 RETINOL OBAGI ALPHA- HYDROXY ACIDS GLYCOLIC SALICYLIC HYDROQUINONE
OTHER BLEACHING PRODUCT? _____

PLEASE CHECK THE PRODUCTS YOU ARE CURRENTLY USING AND LIST THE BRAND NAMES:

CLEANSER{ } _____ SOAP{ } _____

MOSITURIZER{ } _____ NIGHT CREAM{ } _____

EYE CREAM{ } _____ SUNSCREEN{ } _____

SCRUB{ } _____ TONER{ } _____

OTHER{ } _____

PLEASE CHECK ANY HEALTH CONDITIONS WHICH YOU HAVE HAD OR ARE NOW EXPERIENCING?

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> PSORIASIS | <input type="checkbox"/> ECZEMA | <input type="checkbox"/> HYPOGLYCEMIA | <input type="checkbox"/> HEPATITIS |
| <input type="checkbox"/> PREGNANCY | <input type="checkbox"/> HYSTERECTOMY | <input type="checkbox"/> HIGH/LOW BLOOD PRESSURE | <input type="checkbox"/> CANCER |
| <input type="checkbox"/> DIABETES | <input type="checkbox"/> HEART PROBLEM | <input type="checkbox"/> METABOLIC DISORDERS | <input type="checkbox"/> ASPIRIN SENSITIVE |
| <input type="checkbox"/> SEBORRHEA | <input type="checkbox"/> ALCOHOLISM | <input type="checkbox"/> THYROID (UNDER/OVER) | <input type="checkbox"/> HERPES & COLD SORES |
| <input type="checkbox"/> HORMONAL PROBLEMS | <input type="checkbox"/> OTHER _____ | | |

WOMEN ONLY

PREGNANT{Y/N}____BREAST FEEDING{Y/N}____PREMENSTRUAL{Y/N}____
BREAKOUTS{Y/N}____REGULAR PERIODS{Y/N}____BIRTH CONTROL PILL{Y/N}____
HOW LONG? YEARS, MONTHS_____ SAME BRAND AS LISTED ABOVE{Y/N} _____
ARE YOU ON HORMONE REPLACEMENT THERAPHY{Y/N}_____
PATCH OR PILL_____ BRAND AND STRENGTH_____

YOUR LIFESTYLE

DO YOU SMOKE? _____
TYPE OF WORK? _____
STRESS LEVEL: HIGH____ MED____ LOW____
DO YOU WORK AROUND CHEMICALS. TAR, OIL, ETC...? _____
HOURS OF SLEEP PER NIGHT / DAY_____ WATER INTAKE(GLASSES PER DAY)_____
VITAMINS (PLEASE LIST ALL): _____
HOW OFTEN? _____ DO YOU EXERCISE STRENUOUSLY {Y/N}_____
STEROID USE {Y/N}_____ DO YOU PICK YOUR OWN ACNE LESIONS {Y/N}_____
ANYTHING ELSE WE SHOULD KNOW ABOUT? _____

PATIENT SIGNATURE: _____ DATE: _____
PRINT NAME: _____

PARENT/GUARDIAN SIGNATURE (if under 18): _____ DATE: _____
PRINT NAME: _____