



## PREOPERATIVE INSTRUCTIONS

1. If you are being treated by a cardiologist or family doctor for a heart condition, and are taking Coumadin, aspirin, or any other blood thinner, we recommend that you contact your doctor and advise him of your upcoming surgery. Do not discontinue these medications unless specifically instructed to do so by your Provider and then only with the consent of your heart doctor.
2. For all other patients, discontinue aspirin, aspirin containing medications, vitamin E, all homeopathic (herbal medications), and alcoholic beverages 10 days prior to surgery.
3. It is recommended that you stop smoking 10 days prior to and 1 week after your surgery.
4. If you have a heart murmur, mitral valve prolapse, surgical implant or prosthetic device, we may prescribe an antibiotic which you will take 1 hour prior to surgery.
5. Please wear "button down" clothing if you are having surgery on the face or neck.
6. Please do not wear any cosmetics, sunscreen or moisturizers on the day of surgery. If you are having MOHS surgery, bring a sweater or jacket and a snack/drink and plan on being in our office for the entire morning and sometimes into the afternoon hours.
7. Depending on the extent and site of your surgery, you may need to arrange for transportation from our office after surgery. Please do not bring small children or other family members with you except for your driver.